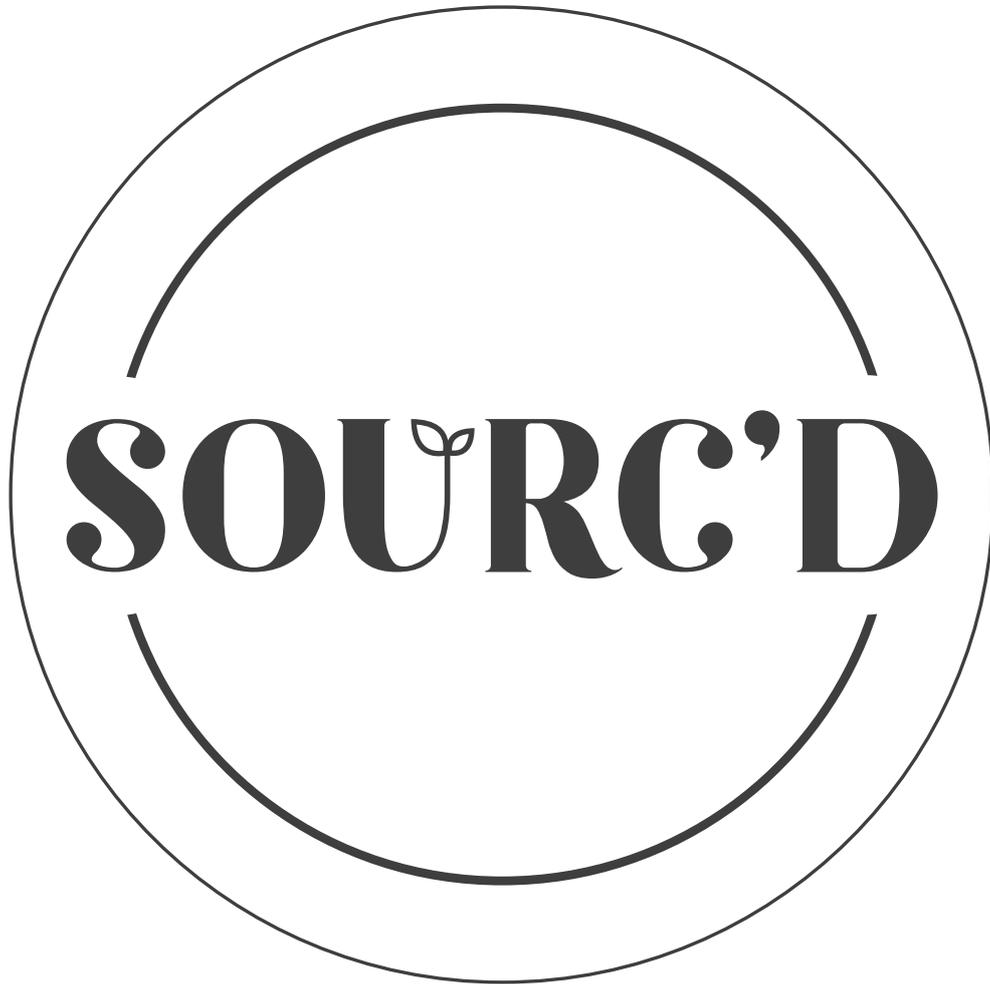


Dine In & Take Away



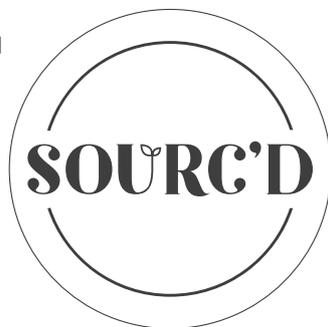
WINE & COFFEE BAR

Menu

Artisan Coffee & Tea // Cold Drinks
Breakfast // Little Bites // Big Bites
Tapas // Platters // Desserts

DRINKS MENU

WWW.SOURCD.COM.AU



2/160 ESPLANADE,
ALDINGA BEACH

(08) 8546 3511

@POURING.LOCAL

ARTISAN COFFEE

ORIGIN: COLOMBIA & COSTA RICA

SOURC'D TASTING NOTES:

WHITE // Hazelnut, caramel & peanut

BLACK // Grapefruit acidity, praline, peach & light cocoa silky-mouthfeel

ESPRESSO

a single shot of espresso

3

MACCHIATO

a single shot of espresso stained with foam

3.6

PICCOLO LATTE

a single shot of espresso with a small layer of foam

3.9

FLAT WHITE

espresso with flat steamed milk

6oz 3.95
12oz 4.95

LATTE

espresso with steamed milk and a small layer of foam

6oz 3.95
12oz 4.95

CAPPUCCINO

espresso with almost equal parts steamed milk and foam dusted with chocolate

6oz 3.95
12oz 4.95

LONG BLACK

hot water topped with espresso

6oz 3.50
12oz 4.50

MOCHA

rich chocolate mixed with espresso & steamed milk

6oz 5.10
12oz 6.10

NUTELLA LATTE

essentially a mocha, with a hazel-nutty twist

6oz 5
12oz 6

DIRTY CHAI LATTE

Club Cinnamon Chai infused milk poured over a shot of espresso

6oz 5
12oz 6

EXTRAS

ALTERNATIVE MILK

Bonsoy // Milk Lab - Almond Milk // Lactose Free

0.6

SOURC'D DECAF - Colombian Excelso

Notes: Dark chocolate & a hint of orange zest

0.6

HONEY (DOO BEE)

1

EXTRA ESPRESSO SHOT

1

HOT DRINKS

HOT CHOCOLATE

rich chocolate with steamed milk and a small layer of foam

6oz 4
12oz 5

CHAI LATTE

Club Cinnamon OR

Vanilla Honey

chai with steamed milk and a small layer of foam (Gluten free, 98% fat free, low in caffeine, and no trans-fat)

6oz 4
12oz 5

BABYCCINO

a warm milk drink, frothed up topped with choccy dust & mini marshmallows

1

TEA / THE DANDY TEA CO.

certified organic hand blended traditional, herbal and fruit teas.

THE QUEENS BREAKFAST

a bold traditional English Breakfast, that holds beautiful depths of flavour

WILD CHERRY ROOIBOS

South African Rooibos with dehydrated Adelaide Hills cherries

CHINESE SENCHA

a clean, fresh green from China with a signature emerald green colour

IMMUNITY

immune boosting & anti-inflammatory ingredients such as turmeric & ginger

FRENCH EARL GREY

a decadent blend of Sri Lankan black tea with organic rose and vanilla bean

INDONESIAN GREEN

a beautiful earthy green with a hint of spice.

ROSELLA BLOSSOM

SA grown whole wild hibiscus blossoms.

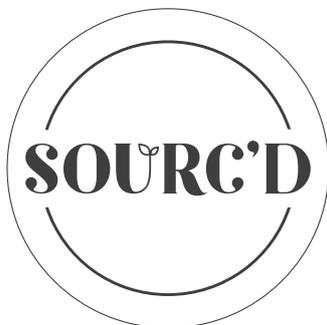
PEPPERMINT, PLEASE

Strong and flavourful South Australian pure peppermint

Pot 4

DRINKS MENU

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SUPER LATTE

VEGAN // GLUTEN FREE // HOT OR COLD

GYPSY ROSE 6oz 4.2

beetroot, maca, inulin,
strawberry, cinnamon, nutmeg

GOLDEN STATE 6oz 4.2

pumpkin, tumeric, inulin,
carob, cinnamon, ginger,
cayenne

BLUE DREAM 6oz 4.2

butterfly pea flower, maca,
inulin, lucuma, date,
cinnamon

ICED DRINKS

ICED COFFEE 6.5

fresh espresso poured over ice, milk,
vanilla ice-cream and topped with
whipped cream

ICED CHOCOLATE 6.5

rich milky chocolate &
vanilla ice-cream poured over ice
and topped with whipped cream

ICED MOCHA 7

rich milky chocolate, fresh espresso
& vanilla ice-cream poured over ice
and topped with whipped cream

ICED CHAI 6.5

milky chai & vanilla ice-cream
poured over ice & topped with
whipped cream & cinamon

ICED LATTE 6

fresh espresso poured over ice
cubes and skim milk
no added sugar // **low fat**

MILKSHAKES

The Real Milkshake Co.

100% Natural Flavour and Colours //
No synthetic flavours or 'Nature Identical'
commonly used by other manufacturers
Gluten Free // Australian sourced ingredients 5

CHOCOLATE

made with unalkalized cocoa which creates a rich
and silky smooth syrup with no bitterness

VANILLA

packed with that unforgettable Madagascan
Vanilla Bean flavour. This ones all about the
flavour than the sweetness. Heavenly

CARAMEL

a vintage version of the classic flavour. Buttery
notes with a hint of old English Toffee.
Mouth wateringly good

STRAWBERRY

a bowl of freshly picked strawberries smuggled
into a scrummy milkshake

BANANA

Paddlepop realness!

SOURC'D Original

Real Coffee Milkshake 6

SPIDERS

Route 66 - Sarsaparilla 5.5

Strawberry & Lemonade 5.5

Coke 5.5

OUR DRINKS ARE PROUDLY MADE WITH



EXTRAS

ALTERNATIVE MILK 0.6

Bonsoy, Milk Lab: Almond Milk,
Lactose Free

WHIPPED CREAM 0.6

CHIA SEEDS 0.6

RAW LIQUID SUGAR 1

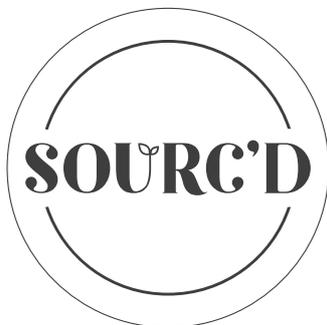
sweeten up your drink with Australian ethically
sourced liquid raw sugar

HONEY (DOO BEE) 1

EXTRA ICE CREAM 1.5

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BREAK- FAST

TOAST & JAM 4.5

2 slices of golden toast served with a side of jam by Garden2Kitchen (V)

RAISIN TOAST 5

2 slices of locally handmade raisin toast by the Aldinga Bakehouse served with butter (V)

GRANOLA PARFAIT 7

crunchy granola served with Fleurieu milk Natural Yoghurt & mixed berries with a drizzle of Doo Bee honey (V)

CHEESE CROISSANT 5.5

melted cheese nestled inside a croissant made for SOURC'D by The Aldinga Bakehouse

HAM & CHEESE CROISSANT 6.5

leg ham & melted cheese nestled inside a croissant made for SOURC'D by The Aldinga Bakehouse

BAKED BEANS ON TOAST 5.5

a simple classic. warm baked beans on a slice of golden toasted rustic sourdough

MUSHROOMS ON TOAST 7

easy as. warm buttery mushrooms & wilted baby spinach on a slice of golden toasted rustic sourdough

POACHED EGGS ON TOAST 8

2 free range poached eggs & baby spinach on a slice of golden toasted rustic sourdough

BACON & POACHED EGG PANINI 10

bacon, 2 free range poached eggs, cheese, baby spinach and a dollop of Spice Girlz saucy tomato (with a hint of chilli) sauce inside a toasted panini roll

TOASTIES

simple, but big on flavour

CHEESE 4.5

a simple delight - cheese melted between 2 slices of golden toast (V)

HAM & CHEESE 5.5

leg ham & cheese nestled between 2 slices of golden toast

HAM, CHEESE & TOMATO 5.9

leg ham, cheese & tomato nestled between 2 slices of golden toast

GOURMET PANINIS

not your grandma's paninis

BASIL PESTO CHICKEN 9.5

loaded with flame grilled chicken, house made pesto-naise & melted cheese topped with a refreshing baby spinach & rocket leaf mix

LOADED HAM & CHEESE 9.5

loaded with smoky leg ham & oozing with melted cheese with a generous dollop of yummy caramelised onion & lemon myrtle relish by Garden2Kitchen

TUNA MELT 9.5

loaded with zazzed up tuna, oozing with melted cheese topped with a refreshing baby spinach & rocket leaf mix

CHILLI LIME CHICKEN 9.5

loaded with chilli lime chicken, melted cheese topped with rocket and jalapenos

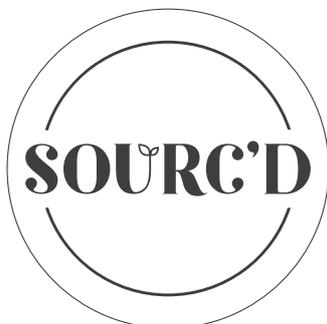
CHARGRILLED VEG 9.5

loaded with chargrilled vegetables, cream cheese and a smudge of moroccan carrot dip

(v) - made with vegetarian friendly ingredients
P.S. we also have gluten free bread rolls, crackers & granola available (+\$1.5)
vegan cheese also available (+\$2)

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PAN-CAKES

a stack of fluffy pancakes with a choice of toppings and served with whipped cream OR ice cream OR yoghurt 12

MAPLE SYRUP & PECAN

MIXED BERRIES & HONEY

BACON & MAPLE SYRUP

BANANA & NUTELLA

WAFFLES

the real deal: toasted waffles slightly crunchy at the edges

single serve 7 // double serve 12

S'MORES

with melted chocolate, toasty marshmallows served with Golden North vanilla ice cream & whipped cream

BANOFFEE

with sliced bananas, melted chocolate, salted caramel sauce served with Golden North vanilla ice cream & whipped cream

MAPLE PECAN

with chopped pecans, real maple syrup served with Golden North vanilla ice cream & whipped cream

MIXED BERRIES

with mixed berries, a drizzle of Doo Bee honey served with Golden North vanilla ice cream & whipped cream

SUNDAES

made with Golden North ice cream [of course] and whipped cream 12

CHOCOLATE BROWNIE

NUTTY BANOFFEE

almonds, banana & salted caramel sauce

BIGGER BITES

WHAT'S UP DAWG 12

a juicy American hotdog topped with cheese, bacon bits, crispy dried shallots, crushed crisps and smothered in american mustard, tomato & Bar-B-Q sauce.

JUAN IN A MILLION DOG 12

a juicy American hotdog with a Mexican twist. Loaded with cheese, bacon bits, dollops of guacamole & sour cream and topped with sliced jalapeños & mayo, Served up with a side of tortilla chips

CHILL BILL 12

a juicy American hotdog topped with cheese, chilli con carne and a dollop of sour cream.

THE VEGGIE DOG (v) 12

a toasty hotdog bun filled with falafels topped with your choice of 'the whats up dawg', 'the juan in a million dog' sauces

AIR FRIED WEDGES

Small - 250 grams 9

Large - 500 grams 15

served with salsa and sour cream

NACHOS A PRETTY FACE (v)

FOR 1 9

FOR 2 15

warm crunchy tortilla chips covered with melted cheese, loaded with guacamole, sour cream & mild salsa

EXTRA TOPPINGS FOR NACHOS & WEDGES

jalapeños +2, pulled pork +5, chorizo +5, chilli lime chicken +5, chili con carne +5

QUESA-DEAL WITH IT 9

chicken breast swimming in melted cheddar cheese, toasted between a flour tortilla, paired with salsa & sour cream

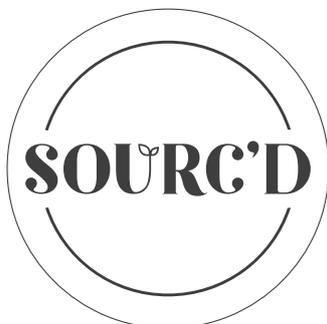
- swap out the chicken for falafel & salsa for a Vegetarian option (V)

LETS PORK ABOUT IT 12

a generous serve of asian noodles with sesame seed oil and soy sauce topped with housemade slow cooked pulled pork, fresh baby spinach and crispy dried shallots

LICENSED TO CHILL(1) 12

housemade slow cooked beef chilli con carne with a generous serve of rice and a side salad



TAPAS

finger foods.. but not as you know them

GARLIC TOASTIES 4

2 crispy toasted slices of rustic sourdough bread smothered with garlic butter.

BLUE CHEESE, PEAR & HONEY CROSTINI 6.5

3 toasted crostini topped with Adelaide blue cheese, juicy pear & a drizzle of Doo Bee Honey (V)

GUACAMOLE & SHRIMP CROSTINI 6.5

3 toasted crostini topped with authentic guacamole & marinated lime shrimp

MOZZARELLA & PESTO ARANCINI 6.5

4 crunchy mini arancini balls stuffed full of mozzarella & pesto goodness, topped with parmesan & served with a side of kewpie mayonnaise (V)

PRAWN DUMPLINGS 6.5

3 steamed prawn dumplings served with ginger, soy sauce & sesame seed oil

MINI MEATBALLS & DIPPING SAUCES 6.5

8 flavorful beef mini meatballs, served with sides of Garden2Kitchen sweet chilli & BBQ dipping sauces

BEEF & POTATO CROQUETTES 6.5

3 crunchy croquettes stuffed with beef and potato with your choice of tomato or BBQ sauce

OLIVE TAPENADE 5.5

Brians olive tapenade, fetta cheese served with crackers.

SMALL LOADED HUMUS PLATTER 7.5

a small platter of soft feta cheese, panino vegetable mix, brian's olives & crackers surround a creamy hummus dip

MUSHROOM PATE 5.5

House made mushroom pate served with crackers.

wines trusty amigo. great to nibble on or combine a few options for a 'DIY' platter

BOWL OF BRIAN'S OLIVES (V) 2.5

GHERKINS (V) 2.5

TARONGA ALMONDS (V) 3.5

MIXED NUTS (V) 3.5

SARDINES IN OIL 5.5

BABY BELL PEPPERS STUFFED WITH SOFT CREAM CHEESE (V) 5

CRUMBED CALAMARI RINGS WITH AIOLI DIPPING SAUCE 6

SLOW COOKED RED WINE CHORIZO 7

SPICY MEATBALLS (x8) & CROSTINI 7

PICKLED OCTOPUS, SALAD & CROSTINI 10

ANTIPASTO PLATE & CRACKERS 12

KIDS BITES

HOT PUP 7

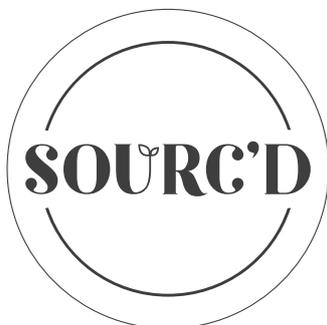
a juicy American hotdog with your choice of american mustard OR tomato OR Bar-B-Q sauce.

CHICKEN TENDERS 7.5

chicken tenders with your choice of aioli OR Bar-B-Q OR tomato dipping sauce.

FOOD MENU

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PLATTERS

you can't buy happiness, but you can buy a platter to go with your wine and that's pretty much the same thing..

BAKERS PLATTER 12

a platter of warmed bread with Brian's Olive Oil, balsamic vinegar & Spice Girlz dukkah

BAKED BRIE WITH MAPLE PECANS 15

baked creamy brie topped with warmed pecans & generous drizzle of maple syrup served with a side of toasted baguette minis & crackers (V)

- or, why not try Honey & Almonds as an alternative topping -

DIPPING PLATTER 15

locally handmade creamy lemon & white bean dip, slow roasted moroccan carrot dip & spinach basil & cashew dip with assorted crackers

LOADED HUMMUS DIPPING PLATTER 15

a platter of soft feta cheese, panino vegetable mix, brian's olives & crackers surround a creamy hummus dip

CHEESE & DRIED FRUIT PLATTER 30

Alexandrina cheddar, Adelaide blue cheese & Paris Creek creamy brie with dried apricots, Natures Fruit dried apples and pears. Served alongside Brian's Olives, Taronga Almonds & crackers.

ANTIPASTO & CHEESE PLATTER 38

a selection antipasto meats with Alexandrina cheddar, Adelaide blue cheese & Paris Creek creamy brie with Natures Fruit dried apples, pears and dried apricots. Served alongside Brian's Olives, Tarronga Almonds & crackers.

TAPAS PLATTER 38

a selection of spicy chorizo, pickled octopus, spicy meatballs, Brian's olives, soft feta cheese, gherkins & garlic toastie.

SPECIALS

Check out our specials board

DID YOU KNOW..

HAPPY HOUR(S)

FRIDAY & SATURDAY 5PM - 7PM

all cocktails // \$10

craft beer on tap // \$8 Pints

Beachface or Solaris wines // \$8 Glass

* On our pouring by the glass list

WINE & BEER FLIGHTS

can't decide which Wine or Beer to have? why not do a flight.

your choice of 5 local wines // \$12pp

OR

5 craft beers *min 2 people // \$12pp

ORDERING WINE

you can order any of the wine we are currently stocking to be delivered to your door! visit > www.sourcd.com.au

*by pre-booking a wine flight or attending a tasting event you will be able to purchase any of our boutique wines to take home with you on the day!

TAKE AWAY

all of our food and non alcoholic drinks can be orderd to take away

OUR MISSION

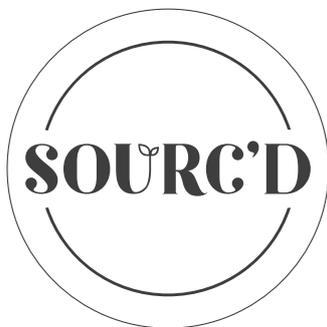
Local is at the heart of everything we do here at SOURC'D.

Our mission is to provide an inviting and comfortable place for locals & visitors of the area to enjoy a variety of locally sourced produce and beverages.

Great Wine // Great Coffee // Great Food... all with a sea view & a smile

Happy
Hour(s)

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2/160 ESPLANADE,
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Happy Hour(s)



Fri & Sat
5-7pm

COCKTAILS

TAP BEER

Cocktails \$10

Tap Beer — Pints \$8

Selected BeachFace and Solaris wines - Glass \$8